

5th Sunday of Lent
Sunday, March 17, 2024



SAINTS CYRIL AND
METHODIUS PARISH

FARNOST SVĚTÝCH
CYRILA A METODA



A Personal Parish Established To Serve The Slovak Catholic Community In The Archdiocese Of Detroit



JESUS ANSWERED THEM, "THE HOUR HAS COME FOR THE SON OF MAN TO BE GLORIFIED. AMEN, AMEN, I SAY TO YOU, UNLESS A GRAIN OF WHEAT FALLS TO THE GROUND AND DIES, IT REMAINS JUST A GRAIN OF WHEAT; BUT IF IT DIES, IT PRODUCES MUCH FRUIT."

– JN 12:23–24

MASS Intentions

©JPPC

March 16, Saturday - Sobota

9:00AM For William & Sue Hines Family
 ❖ For Sophia Skrocki & Family
 ❖ †John Cojocari ❖ †Charles & Isabella Varchetti

5:30PM For the Intentions of All Parishioners

March 17, Sunday - Nedela

Fifth Sunday of Lent

Jer 31:31-34; Heb 5:7-9; Jn 12:20-33

7:30AM ❖ †Robert Shiner req. Rosary Society
 ❖ †Barbara Sieczkowski req. Lewandowski Family
 ❖ †Thomas Lewandowski (Ann.) ❖ †Danny Joe Moses
 ❖ †George & Helen Emmendorfer
 ❖ †John Maciag ❖ †James Kessler req. Family

9:30AM For the Poor Souls in Purgatory req. RMG
 ❖ For Stephanie Korkis & Baby
 ❖ For Pamela Barber req. Donna Mazurkiewicz
 ❖ For Owen & Nicole Dailey req. Dan & Jan Atkinson
 ❖ †Halyna Hala ❖ †Patricia Giroux req. Rybicki Fam.
 ❖ †Denise MacDonnell req. Rybicki Family

11:30AM (Slovak)
 Za Zosnuleno Jana Lopatku & Rodiny req. Nadaska a
 Lopatkova ❖ For Noel Slepski req. Friend
 ❖ †Stefan & Anna Sobolic req. Family
 ❖ †Vladimir & Terezia Krizik req. Sobolic Family

8:30PM For Tim & Victoria Roddy & Family
 ❖ For Sami & Linda Herfy (47th Wed. Ann.)
 ❖ For Laura Herfy (B'Day) req. Family
 ❖ For Monir & Alia Korkis & Family
 ❖ For Sam & Karen Kassab req. Terri ❖ For Rob Smith
 ❖ †Farida Yousif req. Souha Mansour

March 18, Monday - Pondelok

Memorial of Saint Cyril of Jerusalem, Bishop and Doctor of the Church

9:00AM For Douglas Langlois
 ❖ For Patrick Hines (B'Day)
 ❖ For Emil & Patrice Abouna & Family
 ❖ †Isadora Abouna

12:00PM For Al & Ann Varchetti
 ❖ For Paul & Samantha
 ❖ For Susan Bihar req. Donna Mazurkiewicz
 ❖ †Donna Spinazzola req. Volke Family

March 19, Tuesday - Utorok

Solemnity of Saint Joseph,

Spouse of the Blessed Virgin Mary

6:00AM For the Hanna Family ❖ For Louis Family
 ❖ For Paul & Samantha
 ❖ †Stephanie Varchetti

12:00PM For Marissa & Family
 ❖ For the Living & Deceased Members of the
 Romeo & Nellie Family
 ❖ †Yousif Arabbo ❖ †Josephine Moradian (B'Day)

March 20, Wednesday - Streda

9:00AM (Latin) For the Priests of Ss. Cyril & Methodius
 ❖ For Carl & Maureen Varchetti
 ❖ For Alexander
 ❖ †Tidel Mansoor

*** 11:30AM: STATIONS OF THE CROSS ***

12:00PM For Dave A. ❖ For the Vitale & Monsu Families
 ❖ For Khanna & Yelda & Napoleon & Family
 ❖ †Germaine Evelyn

March 21, Thursday - Štvrtok

6:00AM For Joseph Badowski
 ❖ For Fr. Ben
 ❖ †Fr. Val Gattari
 ❖ †Jennie Szczygiel

12:00PM For Lou-em Clan
 ❖ For Samantha & Eli Mansoor req. Family
 ❖ †Sabriya, Hanna & Iman Boutany
 ❖ †Albert Tisch (11th Ann.) req. Family

7:00PM For Dan & Jan Atkinson
 ❖ †Robert & Lucille McCormick req. Rita Battaglia
 ❖ †Tom Desser
 ❖ †Dave George req. Wisniewski Family

March 22, Friday - Piatok

6:00PM For Gary & Patrick & Matthew
 ❖ For Brandon & Nizer & Dustin Mansoor
 ❖ †Ramsey Scrivo
 ❖ †Paul Szwarc req. Wife

12:00PM For Andy Gappy
 ❖ For Khanna & Yelda & Family
 ❖ †Ryan and Jen Ambrosio req. Roddy Family
 ❖ †Carel Minjeur (B'Day) req. Joseph Marrye

*** 6:30PM: STATIONS OF THE CROSS ***

March 23, Saturday - Sobota

9:00AM †Thomas Desser (B'Day)
 ❖ †Lawrence Hines, Jr.
 ❖ †Ronald ❖ †Audrey Bustillo req. Parents

5:30PM For the Intentions of the Members of the St. Monica
 Sodality
 ❖ For the Living & Deceased Members of the
 Laszlo & Ilona Families
 ❖ For Lynn Shaouni (B'Day)
 ❖ †Duane Van Pamel req. Loving Family

March 24, Sunday - Nedela

Palm Sunday of the Passion of the Lord

Is 50:4-7; Phil 2:6-11; Mk 14:1-15:47

7:30AM For the Intentions of All Parishioners

9:30AM For Poor Souls in Purgatory req. RMG
 ❖ For Steven Funk
 ❖ For Firas Joseph (B'Day)
 ❖ For Maria Janiv
 ❖ †Joyce & +Pat req. Renee Mohan
 ❖ †Andrea Tisch req. Rybicki Family
 ❖ †Rafael Drensek req. Drensek Family

11:30AM (Slovak)
 Za Zosnuleno Jana Lopatku & Rodiny
 req. Nadaska a Lopatkova
 ❖ †Magdalena Bojova

8:30PM For Sam & Karen Kassab req. Terri
 ❖ †Richard Branch req. Family



STATIONS OF THE CROSS
 Wednesdays, 11:30AM
 Fridays, 6:30PM





5th Sunday of Lent • Sunday, March 17, 2024

Fr. Libor Marek, Priest in Solidum • lmarek@saintcyrils.church
 Fr. Juraj Nuota, Priest in Solidum • jnuota@saintcyrils.church
 Deacon Phil McCown • pmccown@saintcyrils.church
 Deacon Gerald Smigell • vgsmigell6@gmail.com
 Parish Office • parishoffice@saintcyrils.church



Holy Mass Schedule

SATURDAY: 9:00AM & 5:30PM
 SUNDAY: 7:30AM, 9:30AM, 11:30AM (Slovak), & 8:30PM
 MONDAY & WEDNESDAY: 9:00AM & 12:00PM
 TUESDAY & FRIDAY: 6:00AM & 12:00PM
 THURSDAY: 6:00AM, 12:00PM & 7:00PM

Confession Schedule

1/2 HOUR BEFORE EACH WEEKDAY HOLY MASS & SATURDAYS FROM 8:30AM-9AM

Lenten Projects:

BABY ITEM COLLECTION (for Image of God Crisis Pregnancy Center): **THIS WEEKEND ONLY, March 16-17**
BABY SHOWER (for Image of God Crisis Pregnancy Center): **THIS SUNDAY, March 17, 10:30AM**
BASKET COLLECTION (for St. Dominic's): **THIS WEEKEND ONLY, March 16-17**
BABY BOTTLE RETURN (for Mary's Mantle): **NEXT WEEKEND, March 23-24**

LENTEN EVENTS:

STATIONS OF THE CROSS: Wednesdays at 11:30AM & Fridays at 6:30PM
FINAL LENTEN FISH FRY (*Dine in or Carry out from 4:00—7:00PM*): This Friday, March 22 (Page 5)
EASTER BAKE SALE: Saturday & Sunday, March 23 & 24, After All Holy Masses until All Goodies are Gone (Page 4)
AMERICAN RED CROSS BLOOD DRIVE: Tuesday, March 26, 11:00AM - 5:00PM (Page 5)
CHURCH CLEAN-UP DAY: Tuesday, March 26, 1:00PM - ? (Page 5)
EASTER CONFESSIONS (*with many priests*): Monday, March 25: 10:00AM - 12:00PM and 6:00PM - 9:00PM (Page 7)
 (NOTE: No Confessions will be heard from 3/27 thru 4/2: Wednesday, Holy Thursday, Good Friday, Holy Saturday, Easter Sunday, Easter Monday or Easter Tuesday). The regular Confession Schedule will resume Easter Wednesday, April 3.

HOLY WEEK MASS SCHEDULE:

HOLY THURSDAY, March 28:

Mass of the Lord's Supper at 7:00PM

Church & Chapel: Open for Prayer on Holy Thursday until Midnight

GOOD FRIDAY, March 29:

Chaplet of Divine Mercy at 2:00PM

Liturgy of Good Friday at 3:00PM

Stations of the Cross at 7:00PM

Church & Tomb in Chapel:

Open for Prayer on Good Friday until Midnight

BLESSING OF EASTER BASKETS after the following Masses:

Easter Vigil, Holy Saturday, March 30, 8:00PM &
 Easter Sunday, March 31, 7:30AM, 9:30AM & 11:30AM

HOLY SATURDAY, March 30:

Easter Vigil Mass at 8:00PM

Church & Tomb in Chapel:

Open for Prayer on Holy Saturday: 8AM-8PM

EASTER SUNDAY, March 31:

Holy Masses:

7:30AM, 9:30AM, 11:30AM (in Slovak), & 8:30PM

NOTE: Traditional Rite of Resurrection with
 Eucharistic Procession to the Outdoor Cross will take place at
 12:30PM on Easter Sunday!

Lenten Challenge

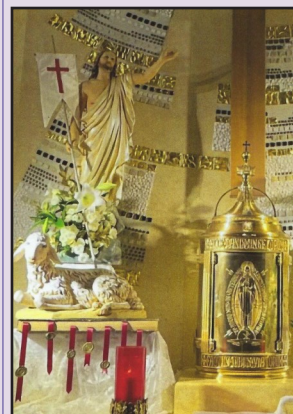
Don't forget to turn in your Lenten Challenge (Calendar) sheets to the Parish Office as soon as they are completed. Make sure that you include your name and telephone number to be eligible for a Lentercize prize.

God bless you on your Lenten journey!

Easter Confessions

Prepare! See page 7 for a Guide to a Good Confession or visit: www.saintcyrils.church

Easter Novena Mass Cards



Our Easter Novena will begin on Easter Monday, April 1. Mass Cards are for living or deceased relatives and friends and are available in English and in Slovak. Available after Masses on weekends or in the Parish Office on weekdays!

Suggested Donation:
 \$10 each

*The Holy Sacrifice
 of the Mass
 is the most precious gift
 anyone can receive.*

Easter Bake Sale Next Weekend • Saturday & Sunday, March 23 & 24

ATTENTION! BAKERS IN THE PARISH:

The Easter Bake Sale, organized by the Rosary Society, will be here next weekend and we need your help. **BAKERS:** Break out your favorite recipe for cookies, cakes, pies, or your specialty baked goods. You may bring your baked goods to the:

Parish Office on Friday, March 22, from 11AM-5PM or to the
Parish Hall on Saturday, March 23, from 8:30AM-12PM.

Thank you in advance for taking time during your Easter preparations to bake something for the Bake Sale. All proceeds go to our church.

TRADITIONAL LAMB CAKES: Deadline for Pre-Orders Extended to March 18

Traditional Lamb Cakes are still available to purchase thru *pre-order. Cakes available are: either Vanilla or Chocolate in 3# and 4 1/2# sizes. There is a limited number of each cake and a limit of two cakes per customer.

*Pre-orders (pre-paid) taken in the Parish Office until Monday, March 18, 5:00PM.

God bless you for your support of our Parish! Questions, please call: Mirka Plzak, (248) 390-1101



Catholic Relief Services Collection • March 16 & 17

This week we take up the Catholic Relief Services Collection to reveal Christ's love to our brothers and sisters in need. This collection makes grants to six Catholic agencies that provide relief and support for struggling communities and work for peace and reconciliation among our marginalized brothers and sisters, both here and around the world. Please prayerfully consider how you can support the collection.

To learn more: www.usccb.org/catholic-relief.

Heart of St. Joseph Men's Fellowship • March 20

Men of Faith, Unite! Please join us as we strengthen each other in faith and virtue as missionary disciples by deepening our relationship with Jesus Christ through prayer, formation, and fraternity. The Bible is a divine gift given to strengthen us, to train us in righteousness and to bring us to salvation. Inspired by God through the Holy Spirit, the words of Scripture communicate the very Word of God to us! It is an indispensable weapon on our everyday battlefields.

The next meeting will be held this Wednesday, March 20, from 6:30PM-7:20PM in the Overflow Room. We will be practicing Lectio Divina, praying as a group while meditating on John 15:12-17... 'The Blessed Man'. Please be sure to bring your Bible!

For these sessions, please enter the church through the main doors closest to the sanctuary and find the room at the end of the hallway. Catechism will be in session, so please drive safely in the parking lot and heed the posted signs. DO NOT try to enter through the doors by the Fr. Mikus hall.

Subsequent meetings to be listed in future bulletins. Take-home study materials are provided free of charge at the meeting by the Knights of Columbus. All men of the parish are welcome to join us! We look forward to seeing you there!

To receive email notices or for any questions or concerns, please contact: clifford_haynes@hotmail.com

Calling All Men - You Are Needed!

The Knights of Columbus is looking for men who want to help this world be a better place and make themselves better men. The Knights of Columbus is an international Catholic order who supports unborn children and their mothers, the mentally and physically impaired, our priests and deacons and seminarians, our veterans and our communities at large. You must be a practicing Catholic man over the age of 18 (or 17.5) to join the order. Our council, 7011, is having an entrance exemplification on Monday, April 1, at 5:30PM in the Fr. Mikus Hall. This event will last about 30 minutes, and will be immediately followed by our family night, which is a dinner and fellowship open to all members of the Council. Your wife and children are invited to join you and watch you make one of the best decisions of your life. Questions? Please call Grand Knight, *Eric Suchland*, at (614) 571-0791 or GK7011@MIKOFK.ORG or visit KOFK.org. Please scan the QR code and use the code BLESSEDMCGIVNEY to join and get 12 free months of membership.



St. Monica Sodality Mass • Saturday, March 23

Hopefully your Lent is going well. As we draw closer to Holy Week, we pray for the entire world and especially all those who are struggling in any way - that we draw closer to Our Lord on the cross and Our Sorrowful Mother. No one on earth has experienced suffering more than they have and nobody loves us more than they do!

Please join us for the St. Monica Sodality Holy Mass on Saturday, March 23, at 5:30PM and the prayers that take place immediately after the final hymn. We will pray the Chaplet of Divine Mercy, the St. Monica Sodality Prayer and perhaps the Litany of the Mater Dolorosa. The prayer location (most likely the chapel) will be posted on a sign board in the vestibule and mentioned during the Mass announcements. Don't forget to submit your prayer petitions.

Note - The St. Monica Mass will remain on Saturday's at 5:30PM for several months. Check the bulletin or St. Monica box for the upcoming Mass schedule.

For more info, please contact: *Anne Marie* at (586) 873-2004

SAVE THE DATE!

VACATION BIBLE SCHOOL, 2024

JUNE 24 - 28

Catechism Corner Class Schedule**Wednesday, March 20, 6:15PM:** Class**Saturday, March 23, (10:00AM-2:00PM):**

7th and 8th Grade Confirmation Retreat (10AM-2PM)

Wednesday, March 27: No Class - Holy Week**Wednesday, April 3, 6:15PM:** Class with Benediction**Wednesday, April 10, 6:15PM:** Class

Catechism Questions, please contact:

Paul & Carroll Schuller, (586) 726-6911

p_schuller@yahoo.com or cschuller@saintcyrls.church

Life Teen Ministry • Monday, March 18**TOPIC: "Communication and Boundaries"****6:45PM - 8:45PM in the Fr. Mikus Hall**

People are social beings who engage and interact. Most people learn how to talk pretty fast, but we all have to learn and continue learning how to communicate, in order to get the point across, while also respecting the boundaries of each person.

The night includes proclaim and witness, games, social time, snacks and prayer time. Come and bring a friend with you.

To register, please scan code below left!

EDGE Youth Ministry • Thursday, March 21**TOPIC: "HolyWeek"****6:45PM - 8:45PM in the Fr. Mikus Hall**

We are approaching the very heart and summit of our faith: Holy Week – the mystery of the Lord's passion and resurrection. These are not distant events, but something that always pertains to our lives.

Scan to register!



The night includes proclaim and witness, games, social time, snacks and prayer time. Come and bring a friend with you.

To register, please scan code above left!

Questions about Life Teen or EDGE? Contact:

Heidi Normile, Youth Minister, (586) 859-0194

edge@saintcyrls.church or

lifeteen@saintcyrls.church

Blood Drive • March 26

Our next Blood Drive is during Holy Week on Tuesday, March 26, from 11:00AM—5:00PM. Please sign up today on the schedule in the vestibule, or visit: www.redcross.org/give.html/find-drive OR 1-800-RED-CROSS or call the Parish Office, (586) 726-6911.



Consider:

*I Gave my Blood, Christ Gave His.**I Gave a Pint, He Gave All.**The Needle is Sharp and Small,**The Nails were Large and Blunt.**The Bed is Soft and Restful,**The Cross was Rough and Painful.**The Nurses are Kind and Gentle,**The Soldiers were Cruel and Tough.**Humanity Applauds my Sacrifice,**The Crowds He Passed Reviled Him.**My Blood is O Positive,**His is Positively for All.**Mine will Prolong Life for Awhile,**His Will Save Forever!*

The American Red Cross' blood supply is critically low. Without the proper amount of blood on-hand, patients (perhaps even our family members or friends) may not have blood available for necessary operations or emergencies.

Church Cleaning Day for Easter • March 26

Help is needed to make our church beautiful for Easter Sunday. If you are available to help clean the church on Tuesday, March 26, after the 12:00PM Holy Mass, please sign up on the sheet in the vestibule or contact the Parish Office, (586) 726-6911.

Thank you!

Enjoy the Best Fish Fry in Town

Friday, March 22 4:00PM - 7:00PM

MEAL MENU:

- Battered Cod (2 pcs.) with French Fries, Cole Slaw & Roll (\$13)
- Battered Cod (2 pcs.) with Mac 'N Cheese, Cole Slaw & Roll (\$13)
- Butterfly Shrimp (6 pcs.) with French Fries, Cole Slaw & Roll (\$13)
- Butterfly Shrimp (6 pcs.) with Mac 'N Cheese, Cole Slaw & Roll (\$13)
- Blackened or Grilled Salmon with Rice & Roll (\$13)
- Battered Cod (3 pcs.) with French Fries, Cole Slaw & Roll (\$15)
- Battered Cod (3 pcs.) with Mac 'N Cheese, Cole Slaw & Roll (\$15)

SIDE ORDERS AVAILABLE:

- Joe's Home-made Clam Chowder (\$6), Mac 'N Cheese (\$3)
- Grilled Cheese Sandwich with Potato Chips (\$3)
- French Fries (\$3), Cole Slaw (\$2) & Rice (\$1)

CASH, CHECKS & CREDIT CARDS ACCEPTED!**Sponsored by: St. Nicholas Knights of Columbus****Additional Information: <https://7011knightsmi.wixsite.com/st-nicks>**

**BABY ITEM, BABY SHOWER
& EASTER BASKET
COLLECTIONS
THIS WEEKEND,
MARCH 16 & 17
BABY BOTTLE RETURN
NEXT WEEKEND,
MARCH 23 & 24**

2024 Parish Lenten Projects

Baby Shower for Image of God Crisis Pregnancy Centers (CPC): Celebrate Life! at the parish baby shower/fellowship THIS Sunday, March 17, in the Fr. Mikus Hall after the 9:30AM Holy Mass. Show the moms and babies served by Image of God CPCs your love and care for them by helping to shower them with much needed baby items. Bring new baby items to the hall or drop them off before any Holy Mass on March 16 and 17. All donations are appreciated, but the most-needed items include: *diapers up to size 6; (in alphabetical order) Bibs, Body Wash, Boppy Pillows, Bottles, plastic, Bottle Brush, Car Seat (new, in box), Carrier (Ring-Sling), Carrier, Back, Carrier, Front, Clothing, boys or girls, Diaper Bags, Diaper Rash Ointment, Formula, Hairbrush (Baby), Highchair, Wipes, and Thermometers.*

Easter Dinner "Baskets" and Children's Easter Baskets for St. Dominic's Outreach Center: Thank you to the parishioners who have signed up to provide Easter Dinner Baskets and/or Easter Baskets for families who are assisted by St. Dominic's Outreach Center in Detroit. For dinner "baskets", please pack your dinner items in a sturdy box or a reusable, sturdy bag rather than a basket. For Easter Baskets, each basket should be wrapped with cellophane for easy transport to St. Dominic's. We will be collecting the baskets before all Holy Masses THIS weekend, March 16 and 17. *If you signed up on the sheet in the vestibule to donate a basket, please deliver them to the church next weekend. Questions: Erin Rybicki at ChristianService@saintcyrils.church or call the Parish Office.*

Baby Bottle/Change Collection for Mary's Mantle: Members of the Knights of Columbus, St. Nicholas Council, will be collecting our filled baby bottles on Palm Sunday weekend, March 23-24. The proceeds will be donated to Mary's Mantle, a local Catholic residence for homeless pregnant women. You can also make a donation to Mary's Mantle directly on their website: marysmantle.net or use the code on the right.



Monetary Donations to the Parish Christian Service Fund: Help local organizations serve local people in need with a monetary gift. Donations made to the parish Christian Service fund during lent will be divided between: **The Malta Medical Dental Clinic**, a clinic that provides medical and dental needs to those who lack medical insurance and to **St. Vincent de Paul Camp Ozanam**, a summer camp that has been providing joy, excitement and adventures for children-in-need for over 100 years.

Make a monetary Lenten donation to the parish Christian Service Fund: online (www.saintcyrils.church) using PushPay or check made payable to *Ss. Cyril & Methodius* and use a white Lenten Offering envelope located on the table in the vestibule. Place your envelope in the Sunday collection basket by March 31. Donations will be divided between



Questions about our Lenten projects, please contact: *Erin Rybicki*, ChristianService@saintcyrils.church or the Parish Office



Adoration ~ Come Let Us Adore Him

**EUCCHARISTIC ADORATION: THURSDAY, 1:00PM - FRIDAY, 12:00PM Until 7:00PM on FIRST FRIDAYS ONLY
A HEARTS DEEPEST LONGING**

To illustrate the vitality of the Sacred Heart of Jesus consider the following: Though you may distribute your possessions among the poor, though you should give up your body to the greatest penances, though you can understand all the mysteries of the faith, though you worked astonishing miracles, if your heart is not seeking first the same Heart as Jesus you are nothing, and all those things you do will not avail you anything forever. It is by the likeness of your own heart to Christ's that we will be judged and our eternal destination determined.

But, - at the general judgement, many people will say, "Lord, Lord, did we not prophesy in Your name, and cast out demons in Your name, and do many mighty works in Your name? And then I (Jesus) will declare to them, 'I never knew you; depart from me, you evildoers' (see John 7:22-23)." Jesus will say to to them: "Do you see these wounds that you have afflicted?" Do you recognize My side which you have pierced? Which, for your sake, remained open and yet you would not enter into the same affliction in your own life for Me?" Whatever we do in our daily lives avails us nothing unless it is done according to the Heart of Christ.

Not the outward appearance of piety, but a devoted heart makes a man truly good and dear to Jesus. Our glory in heaven will be secured to the degree that we do things in accordance to His Heart. When you are about to die, you will find that everything you have done in life is lost unless it was directed towards Christ and your own salvation. The season of Lent was created for this very purpose: to learn how to make Christ first in our lives, above all else, and to learn how we can imitate His Sacred Heart, Everything we need is offered to us; all we need to do is just truly want it.

- Paul A. Ray, stpolicarp77@yahoo.com

PARISHIONERS & FRIENDS: WE ARE IN NEED OF COMMITTED ADORERS

At Gethsemane Jesus said to the apostles, "*Couldn't you watch with me even one hour? Keep watch and pray so that you will not give into temptation. For the spirit is willing but the body is weak*". (Matt 26:40-42) Our Lord is calling you to stay with Him for one hour..

One committed adorers is needed during the following times:

THURSDAYS: 4-5PM & 5-6PM & FRIDAYS: 2-3AM, 3-4AM, 4-5AM, 8-9AM, 9-10AM & 10-11AM

If you have questions about Eucharistic Adoration, or would like to commit to one hour weekly with Our Lord, please contact: *Annette Rudzewicz*, (586) 247-7214 or the Parish Office or sign up on the sheet in the vestibule.

EASTER CONFESSIONS † Monday, March 25

EXAMINATION OF CONSCIENCE FOR ADULTS

1. I am the Lord your God. You shall not have strange gods before me.

- Do I give God time every day in prayer? • Do I seek to love Him with my whole heart?
- Have I been involved with superstitious practices or have I been involved with the occult?
 - Do I seek to surrender myself to God's word as taught by the Church?
 - Have I ever received communion in the state of mortal sin?
- Have I ever deliberately told a lie in Confession or have I withheld a mortal sin from the priest in Confession?
 - Are there other "gods" in my life? Money, Security, Power, People, etc.?

2. You shall not take the name of the Lord your God in vain.

- Have I used God's name in vain: lightly or carelessly? • Have I been angry with God?
- Have I wished evil upon any other person? • Have I insulted a sacred person or abused a sacred object?

3. Remember to keep holy the Lord's Day.

- Have I deliberately missed Mass on Sundays or Holy Days of Obligation?
- Have I tried to observe Sunday as a family day and a day of rest? • Do I do needless work on Sunday?

4. Honor your father and your mother.

- Do I honor and obey my parents? • Have I neglected my duties to my spouse and children?
 - Do I try to bring peace into my home life?
- Have I given my family good religious example? • Do I care for my aged and infirm relatives?

5. You shall not kill.

- Have I had an abortion or encouraged or helped anyone to have an abortion? • Have I physically harmed anyone?
 - Have I abused alcohol or drugs? • Have I participated in or approved of euthanasia?
 - Did I give scandal to anyone, thereby leading him or her into sin?
 - Have I been angry or resentful? • Have I harbored hatred in my heart?
- Have I mutilated myself through any form of sterilization? • Have I encouraged or condoned sterilization?
- Have I engaged, in any way, in sins against human life such as artificial insemination or in vitro fertilization?

6. You shall not commit adultery.

- Have I been faithful to my marriage vows in thought and action?
 - Have I engaged in any sexual activity outside of marriage?
- Have I used any method of contraception or artificial birth control in my marriage?
 - Has each sexual act in my marriage been open to the transmission of new life?
- Have I been guilty of masturbation? • Do I seek to control my thoughts and imaginations?
- Have I respected all members of the opposite sex, or have I thought of other people as mere objects?
 - Have I been guilty of any homosexual activity?
- Do I seek to be chaste in my thoughts, words, actions? • Am I careful to dress modestly?

7. You shall not steal.

- Have I stolen what is not mine? • Have I returned or made restitution for what I have stolen?
- Do I waste time at work, school, and home? • Do I gamble excessively, thereby denying my family of their needs?
 - Do I pay my debts promptly? • Do I seek to share what I have with the poor?
- Have I cheated anyone out of what is justly theirs, for example creditors, insurance companies, big corporations?

8. You shall not bear false witness against your neighbor.

- Have I lied? Have I gossiped? • Do I speak badly of others behind their back?
- Am I sincere in my dealings with others? • Am I critical, negative or uncharitable in my thoughts of others?
- Do I keep secret what should be kept confidential? • Have I injured the reputation of others by slanders?

9. You shall not desire your neighbor's wife.

- Have I consented to impure thoughts? • Have I caused them by impure reading, movies, television, conversation or curiosity?
 - Do I pray at once to banish impure thoughts and temptations?
- Have I behaved in an inappropriate way with members of the opposite sex: flirting, being superficial, etc.?

10. You shall not desire your neighbor's goods.

- Am I jealous of what other people have? • Do I envy the families or possessions of others?
 - Am I greedy or selfish? • Are material possessions the purpose of my life?

National Catholic Register

PREPARE FOR A GOOD CONFESSION

Additional Guides for a Good Confession can be found at: www.saintcyrls.church for:

Younger Children: <https://saintcyrls.church/wp-content/uploads/2019/11/Guide-for-a-Good-Confession-for-Children.pdf>

Older Children: <https://saintcyrls.church/wp-content/uploads/2020/10/Guide-for-Confession-for-Children.pdf>

Adults: <https://saintcyrls.church/wp-content/uploads/2019/11/Guide-for-a-Good-Confession-2018-Adult.pdf>

PRAYER BEFORE CONFESSION

O most merciful God! Prostrate at your feet, I implore your forgiveness. I sincerely desire to leave all my evil ways and to confess my sins with all sincerity to you and to your priest. I am a sinner, have mercy on me, O Lord. Give me a lively faith and a firm hope in the Passion of my Redeemer. Give me, for your mercy's sake a sorrow for having offended so good a God. Mary, my mother, refuge of sinners, pray for me that I may make a good confession. Amen.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.