

6th Sunday in Ordinary Time
Sunday, February 11, 2024



SAINTS CYRIL AND
METHODIUS PARISH

FARNOSŤ SVÄTÝCH
CYRILA A METODA



A Personal Parish Established To Serve The Slovak Catholic Community In The Archdiocese Of Detroit

S A I N T S

CYRIL & METHODIUS



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41233 Ryan Road, Sterling Heights, MI 48314 • (586) 726-6911 • Fax: (586) 685-1070 • www.saintcyrils.church

MASS Intentions

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February 10, Saturday - Sobota

Memorial of Saint Scholastica, Virgin

- 9:00AM For the Members of Our Lady Mother of Mercy Secular
Disalced Carmelites
❖ For Al & Ann Varchetti
❖ †Louis Allawerdi
❖ †Michael Beste

5:30PM For the Intentions of All Parishioners

February 11, Sunday - Nedela

Solemnity of Saints Cyril and Methodius,

Patron Saints of the Parish

Lv 13:1-2, 44-46; 1 Cor 10:31-11:1; Mk 1:40-45

- 7:30AM For the Poor Souls in Purgatory req. HA
❖ For Maximilian Ghesquiere
❖ For Hollya Asmar (B'Day)
❖ †John Michael Schwab req. Mike MacDonald
❖ †Stephanie Varchetti
❖ †Liliana DiCicco req. Maddalena DiCicco & Family
❖ †John Maciag req. Wife
- 9:30AM For the Poor Souls in Purgatory req. RMG
❖ For the Intentions of the Knights of Columbus-
St. Nicholas Council & Families
❖ For the Abate Family
❖ For Cassie & Larry Giroux & Family
❖ For Mary Ann & Sylvester Wilkins
❖ †William Young req. Charen Family
❖ †Lou Giacoma
- 11:30AM (Slovak) In Thanksgiving req. Matthew LaPorte
❖ Za Zosnuleno Jana Lopatku & Rodiny
req. Nadaska a Lopatkova
❖ For Michelle Allen & Jeff Hammel
❖ For Janan & Faris Haisha req. Family
❖ †Arthur & Lesa Blinkhorn req. Lisa Jagoda
❖ †Milos Debнар
❖ †Joe Venglar req. Wife
- 8:30PM For Kevin (B'Day) req. Parents
❖ For Paul Varchetti & Family
❖ For Marvin Babbie
❖ †Leonardo ❖ †Claire Bosscher req. Family

February 12, Monday - Pondelok

- 9:00AM For Therese Stout req. Karen Rockholt
❖ For Jensen & Natalie Hamilton req. Grandpa
❖ For Emmanuel & Nicholas Tomina req. Aunt Rima
❖ †Dan Barnabo req. Lindsay Henning
- 12:00PM For Bernadette & Lourdes Shamoon
❖ For Ave, Eli & Lily Mansour
❖ For Tim & Victoria Roddy & Family
❖ †Thi Thon

February 13, Tuesday - Utorok

- 6:00AM For Drew Manor
❖ For Carl & Maureen Varchetti
❖ For the Hines & Desser Families
❖ †Margaret McIntyre req. Family
- 12:00PM For Jillian Haio
❖ For Vicki Babbie
❖ For Amy Shamoon
❖ For Danielle Brown

February 14, Ash Wednesday - Streda

Ash Wednesday

- 6:00AM For Paul Varchetti & Family
❖ For Tammy Mitchell Wilk req. Family
❖ †Alberto Jose Pertusi ❖ †Paul Szwarc
- *** NO 9:00AM WEDNESDAY HOLY MASS THIS WEEK ***
11:30AM: STATIONS OF THE CROSS
- 12:00PM For the Louis Family
❖ For Sam & Amy & Samantha Shamoon
❖ Rosemary, Lourdes & Bernadette Shamoon
❖ †Paolo Persichetti
- 7:00PM For John Desser (B'Day)
❖ For Paul & Samantha ❖ For Valentin Vacaj
❖ †Vivian & +Steve Haisha req. Family
❖ †Rick Yamin req. Joe & Sonia Honce
❖ †Gjergj Hasaj ❖ †Thi Thon

February 15, Thursday - Štvrtok

- 6:00AM For Mark Varchetti
- 12:00PM For MaryAnn Wilkins req. Drane Shkreli
❖ For Hana & Robert Lulgjuraj req. Drane Shkreli
❖ †Sabriya, Hanna & Iman Boutany
❖ †Matthew Margiewicz
- 7:00PM For all Priests in the World ❖ For the Ledford Family
❖ For Marie Dedvukaj req. Roddy Family
❖ †Farida Yousif req. Souha Mansour

February 16, Friday - Piatok

- 6:00PM For Glen & Amy Varchetti & Family
❖ For Nadhim & Beatris Haddad
- 12:00PM For Julie & +Charles Celusnak req. Family
❖ †Katherine Mikulak (5th Ann.) req. Daughter
❖ †Ryan & Jen Ambrosio & Family req. Sharon Brown
❖ †Carel Minjeur req. Lichocki Family
- 6:30PM: STATIONS OF THE CROSS

February 17, Saturday - Sobota

- 9:00AM For Jonathan Haio (B'Day)
❖ For Nate & Theresa Robinson & Family
❖ For Issac Louth ❖ For Jose Velez
- 5:30PM For the Tim Wagner Family
❖ For Dan & Renee Lawless & Family
❖ For Orestes Nash
❖ †Gerald Simoneau req. Joe & Sonia Honce
❖ †William "Rick" Yamin req. Friends
❖ †Christine Warman req. Winiarski Family

February 18, Sunday - Nedela

First Sunday of Lent

- Gn 9:8-15; 1 Pt 3:18-22; Mk 1:12-15
- 7:30AM For the Intentions of All Parishioners
- 9:30AM For the Poor Souls in Purgatory req. RMG
❖ For Carl & Alyssia Varchetti & Family
❖ For Josephine Signorello (100th B'Day)
❖ For Patrick Fayad (B'Day)
❖ For Jonathan Haio (B'Day) req. Dad & Mom
❖ †Lou Giacoma ❖ †Rafael Drensek req. Family
- 11:30AM (Slovak) Za Zosnuleno Jana Lopatku & Rodiny req.
Nadaska a Lopatkova
❖ †Andrew Jones req. Grandmother
❖ †Gerald Slabienski req. Wife
❖ †Joe Venglar req. Wife ❖ †Magdalena Bojova
- 8:30PM †Scott Parcha

Welcome

6th Sunday in Ordinary Time • Sunday, February 11, 2024

Fr. Libor Marek, Priest in Solidum • lmarek@saintcyrils.church
Fr. Juraj Nuota, Priest in Solidum • jnuota@saintcyrils.church
Deacon Phil McCown • pmccown@saintcyrils.church
Deacon Gerald Smigell • vgsmigell6@gmail.com
Parish Office • parishoffice@saintcyrils.church

Ss. CYRIL & METHODIUS HOLY MASS SCHEDULE THIS WEEK:

SATURDAY: 9:00AM & 5:30PM (Vigil)
SUNDAY: 7:30AM, 9:30AM, 11:30AM (Slovak) & 8:30PM
MONDAY: 9:00AM & 12:00PM
TUESDAY & FRIDAY: 6:00AM & 12:00PM
ASH WEDNESDAY, THURSDAY: 6:00AM, 12:00PM & 7:00PM

Ss. CYRIL & METHODIUS CONFESSION SCHEDULE THIS WEEK:

MONDAYS: 8:30AM - 9:00AM & 11:30AM - 12:00PM
TUESDAY & FRIDAY: 5:30AM-6:00AM & 11:30AM-12:00PM
ASH WEDNESDAY & THURSDAY: 5:30AM - 6:00AM, 11:30AM - 12:00PM & 6:30PM-7:00PM
SATURDAY: 8:30AM - 9:00AM

REGULAR OFFICE HOURS:

MONDAYS: 10:00AM - 5:00PM
TUESDAYS, THURSDAYS & FRIDAYS: 11:00AM - 5:00PM
WEDNESDAYS: 11:00AM - 2:00PM

*Office is closed during 12:00PM Holy Mass

OVERNIGHT EUCHARISTIC ADORATION: THURSDAYS, 1:00PM - FRIDAYS, 12:00PM

LENT BEGINS



Holy Masses on Ash Wednesday:
6:00AM, 12:00PM and 7:00PM
(There will not be a 9:00AM Holy Mass
on Wednesday, February 14)

WHAT IS LENT?

The 40-day period from Ash Wednesday and before Easter Sunday. It is marked by *praying, fasting, abstinence and other acts of penance.*

WHAT IS FASTING?

One meal a day, and two smaller meals which if added together would not exceed one full meal.

DAYS OF FAST?

Ash Wednesday • Good Friday
(Fast also for the people of Ukraine as the Pope requested.)

WHO ARE REQUIRED TO FAST?

Catholics from age <18 to 59>. The sick are excused from fasting.

WHAT IS ABSTINENCE?

Abstinence is *refraining from eating meat.* Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF ABSTINENCE?

Ash Wednesday • All Fridays in Lent • Good Friday

WHO ARE REQUIRED TO ABSTAIN?

Mandatory for everyone older than 14 years old.

STATIONS OF THE CROSS

Wednesdays, 11:30AM (beginning Wednesday, February 21 - not Ash Wednesday)
Fridays, 6:30PM (beginning Friday, February 16)



Adoration ~ Come Let Us Adore Him



**EUCCHARISTIC ADORATION: THURSDAY, 1:00PM - FRIDAY, 12:00PM
Until 7:00PM on FIRST FRIDAYS ONLY**

A HEARTS DEEPEST LONGING

We ought to follow our Lord joyously. After all, what can be more honorable for us? It's a great glory to follow the Lord! It's such a tremendous honor, indeed, to be a disciple of His Heart! Give thought to this; what worldly honor cannot be reduced to mere emptiness in time? Nor is anything more useful to us since it depends on our soul's rest. And this happiness lasts for both our time here and in eternity. This whole matter is of such importance because without it, all other things are useless and delusive. All things of the world will come to an end at one time or another. Why invest in something that's doomed to fail in the end?

Moreover, the Lord's way is sweet and easy; His commands are not heavy. He gives us all we need to perform it and attain it. No enemy, no obstacle can hinder us as long as we sincerely, from our hearts, desire it. When we learn from the very Heart of our Savior we learn from the sweetest fount of love itself. When this is the case, our labor won't be hard or burdensome at all. Our Lord's commands may appear difficult and almost downright impossible, unachievable. But in His love and His grace we will actually find it easy and delightful. This, the saints found out but only through difficulty. But they achieved what very few have and all of us are called to this height of beatitude.

I highly encourage praying the following prayer after receiving Jesus in the Eucharist at Holy Mass or during Eucharistic Adoration. Say it with true meaning, from the heart: *"O Jesus, meek and humble of Heart! Receive me I pray, as Your disciple, the disciple of Your Heart, and grant me to learn diligently from You to be meek and lowly heart, that thus I may find rest for my soul, to Your everlasting glory."* AMEN
- Paul A. Ray, stpolycarp77@yahoo.com

IN NEED OF COMMITTED ADORERS

Dear Parishioners & Friends of Ss. Cyril & Methodius:

At Gethsemane Jesus said to the apostles, *"Couldn't you watch with me even one hour? Keep watch and pray so that you will not give into temptation. For the spirit is willing but the body is weak"*. (Matt 26:40-42) Our Lord is calling you to stay with Him for one hour..

Additional committed adorers are still needed:

Thursdays (ONE person for each of the following spots):

1PM-2PM, 3PM-4PM, 4PM-5PM, 5PM-6PM, 11PM-12AM

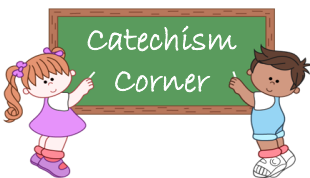
Fridays (ONE person for each of the following spots):

12AM-1AM, 7AM-8AM, 8AM-9AM, 9AM-10AM

Fridays (TWO people for each of the following spots):

1AM-2AM, 2AM-3AM, 3AM-4AM, 4AM-5AM

If you have questions about Eucharistic Adoration, or would like to commit to one hour weekly with Our Lord, please contact: Annette Rudzewicz, (586) 247-7214 or the Parish Office or sign up on the sheet in the vestibule.



Catechism Corner CLASS and BENEDICTION SCHEDULE

Ash Wednesday, February 14:

No Class

On Ash Wednesday: Please take your child to church for ashes.

Wednesday, February 21:

No Class – Mid Winter Break

Wednesday, February 28, 6:15PM:

Class & Benediction for All

Wednesday, March 6, 6:15PM:

Class

Wednesday, March 13, 6:15PM:

Class & Benediction for All

Wednesday, March 20, 6:15PM:

Class

Saturday, March 23, (10:00AM-2:00PM):

7th and 8th Grade Confirmation Retreat (10AM-2PM)

Saturday, March 27:

No Class - Holy Week

Catechism questions, please contact:

Paul & Carroll Schuller, (586) 726-6911

p_schuller@yahoo.com or cschuller@saintcyrils.church

Life Teen Night • Monday, February 12

"Being a Part of a Universal Church: One, Holy and Apostolic"

TIME: 6:45PM (Doors Open) - 8:45PM

We are never alone. We are part of a large family of brothers and sisters. The night includes: proclaim and witness, games, social time, snacks and prayer time. Bring a friend with you. We are looking forward to seeing you there. Come and bring a friend!

To register, please scan code below.

EDGE Night • Thursday, February 15

TOPIC: "Lent: What He Really wants from Us: To Sit with Him"

TIME: 6:45PM (Doors Open) - 8:45PM

Time spent with the Lord is never a lost time. It is a time when we are formed. We do not have to perform. Just be with Him..

The night includes: proclaim and witness, game social time, snacks and prayer time. Bring a friend with you. We look forward to seeing you there.

To register, please scan code on right.

Questions about Life Teen or EDGE? Contact:

Heidi Normile, Youth Minister, (586) 859-0194

edge@saintcyrils.church or

lifeteen@saintcyrils.church

Scan to register!



Enjoy the Best Fish Fry in Town

Fridays, February 16, 23, & March 1, 8, 15 & 22

4:00PM - 7:00PM

MEAL MENU:

- Battered Cod (2 pcs.) with French Fries, Cole Slaw & Roll (\$13)
- Battered Cod (2 pcs.) with Mac 'N Cheese, Cole Slaw & Roll (\$13)
- Butterfly Shrimp (6 pcs.) with French Fries, Cole Slaw & Roll (\$13)
- Butterfly Shrimp (6 pcs.) with Mac 'N Cheese, Cole Slaw & Roll (\$13)
- Blackened or Grilled Salmon with Rice & Roll (\$13)
- Battered Cod (3 pcs.) with French Fries, Cole Slaw & Roll (\$15)
- Battered Cod (3 pcs.) with Mac 'N Cheese, Cole Slaw & Roll (\$15)

SIDE ORDERS AVAILABLE:

- Joe's Home-made Clam Chowder (\$6), Mac 'N Cheese (\$3)
- Grilled Cheese Sandwich with Potato Chips (\$3)
- French Fries (\$3), Cole Slaw (\$2) & Rice (\$1)

CASH, CHECKS & CREDIT CARDS ACCEPTED!

Sponsored by: St. Nicholas Knights of Columbus
Additional Information: <https://7011knightsmi.wixsite.com/st-nicks>



Knights of Columbus Needs Volunteers Baby Bottle Preparation • February 12

To prepare for the important Lenten project outlined on page 6, the Knights of Columbus need help assembling baby bottles this Monday, February 12. If you can help, please come to Room 112 at 6:00PM.

Help is also needed distributing the baby bottles after all the weekend Holy Masses on Saturday & Sunday, February 17 & 18.

If you can help or have any questions, please contact:
Gino Vitale, ginovitale333@yahoo.com or (586) 344-1150



Fish Fry Help • February 16, 23 & March 1, 8, 15, & 22



For the 4th year, the St. Nicholas Knights of Columbus Council is partnering with Ss. Cyril & Methodius to host Fish Frys every Friday (except Good Friday) in Lent in the Fr. Mikus Hall beginning this Friday, February 16. To enable us to offer this great meatless meal to our parishioners and visitors, we will need a lot of adult and teen volunteer help. Fish Frys start at 4:00PM and close at 7:00PM, each week.

We will be offering take out and dine in options and have a need for help in the kitchen, servers, clean-up and food preparation people. If you can help on any or all the Fridays in Lent – except Good Friday – please contact:

St. Nick Council's Chancellor, *Joseph White*, at chancellor7011@gmail.com or, call him at (586) 556-2122, or leave your name and dates of availability with the ladies in the Parish Office and they will pass it along. Please join in these labors of love.

NOTE: All volunteers must have completed the Protecting God's Children course and a background check.



Our Lady's Rosary Makers Friday, February 16

The Rosary Makers will meet this Friday, February 16, in Room #113 from 1:00PM—3:00PM.

For more information, please contact:
Jo Ann, (586) 979-1078

Regina Caeli Classical Homeschool Hybrid Touring Event • Thursday, February 15

"Training the Mind to Form the Soul" - Our mission is to help our students achieve salvation, deepen in intellect and character, grow spiritually, develop the ability to win others for Christ and perceive and elect his or her God-given vocation. Come discover what students and parents love about Regina Caeli Academy on Thursday, February 15, from 10:00AM - 12:00PM at 42259 Hayes Road, Sterling Heights.

Contact to RSVP:

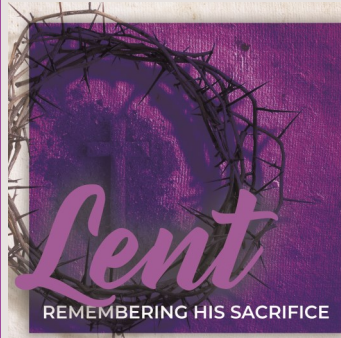
Jeanne Baltrinic, mjbaltrinic.det@rcahybrid.org or (989) 402-5109

Help Needed to Wash Albs & Cassocks

We are in great need of volunteers to help wash Altar Boy Albs & Cassocks a few times throughout the year (5-7 total).

If you would like information on how you can help, please contact: *Patricia Suda*, (586) 214-5088





2024 Parish Lenten Projects

Lent begins in just a few days; and once again we have the opportunity to join together as a parish family to help families and individuals in need. Please consider making one or more of these projects a part of your personal or family's almsgiving this lent.

Baby Bottle/Change Collection for Mary's Mantle: During lent, fill up a baby bottle with loose change from around your house or with the savings from your Lenten sacrifices. Members of the Knights of Columbus, St. Nicholas Council, will be distributing empty baby bottles after all weekend Holy Masses February 17-18. Fill your baby bottle with coins and dollars and return it on Palm Sunday weekend, March 23-24. Our individual bottles combined will offer real assistance to this local Catholic residence for homeless pregnant women. You can also make a donation to Mary's Mantle directly on their website: marysmantle.net or use the code on the right:



Baby Shower for Image of God Crisis Pregnancy Centers (CPC): Celebrate Life! at the parish baby shower/fellowship on Sunday, March 17, in the Fr. Mikus Hall after the 9:30AM Holy Mass. Show the moms and babies served by Image of God CPCs your love and care for them by helping to shower them with much needed baby items. Bring new baby items to the hall or drop them off before any Holy Mass on March 16 and 17. All donations are appreciated, but the most-needed items include: diapers up to size 6; (in alphabetical order) Bibs, Body Wash, Boppy Pillows, Bottles, plastic, Bottle Brush, Car Seat (new, in box), Carrier (Ring-Sling), Carrier, Back, Carrier, Front, Clothing, boys or girls, Diaper Bags, Diaper Rash Ointment, Formula, Hairbrush (Baby), Highchair, Wipes, and Thermometers.

Easter Dinner "Baskets" and Children's Easter Baskets for St. Dominic's Outreach Center: Help the families assisted by St. Dominic's Outreach Center celebrate Easter. Our parish has been asked to provide Easter Dinner "Baskets" for 15 families as well as Easter Baskets for 20 children. Each Dinner "Basket" should include the following items for a family of 5: a Kroger or Walmart gift card to purchase a ham, instant mashed potatoes, canned vegetable, macaroni and cheese mix, dinner rolls and a dessert mix. If you wish, you may include Easter-themed disposable plates, napkins or tablecloth. Please pack your dinner items in a sturdy box or a reusable, sturdy bag rather than a basket. Each Child's Easter Basket should include: candy, a toy or stuffed animal, and a religious story book, coloring book, or puzzle. Baskets should be wrapped with cellophane for easy transport to St. Dominic's. We will be collecting the baskets before all Holy Masses on March 16 and 17. *If you plan to donate a basket, please put your name and the type of basket you will donate on the sign-up sheet located on the table in the vestibule; or email Erin Rybicki at ChristianService@saintcyrils.church or call the Parish Office.*

Monetary Donations to Parish Christian Service Fund: Watch for information about the charities we will be supporting with financial donations in future bulletins.

**Please remember to include in your Lenten prayers
all the people who will be assisted by our donations
as well as the staff and volunteers of the ministries caring for them.**

Questions, please contact:

Erin Rybicki, ChristianService@saintcyrils.church or the Parish Office

Lentercize Challenge

This year we have a new Lentercize Challenge for Adults and Children! The 2024 Lentercize Challenge is in the form of a calendar with suggestions to complete each day of Lent. Each day of the week is color coded and dedicated to the traditional daily themes of our Catholic faith. One of the intentions of the calendar is to introduce spiritual habits over the course of Lent which hopefully will continue year-round. The two sheets of the calendar will be printed in two different bulletins. Double-sided calendars will also be available in the vestibule. Turn in your completed calendar sheets to the office with your name and phone number. Each sheet will be eligible for a Lentercize prize. See the following page for the first page of the 2024 Lentercize Challenge. *God bless you on your Lenten journey!*

SUNDAY HOLY TRINITY	MONDAY HOLY SOULS	TUESDAY GUARDIAN ANGELS	WEDNESDAY SAINT JOSEPH	THURSDAY HOLY EUCHARIST	FRIDAY PASSION OF CHRIST	SATURDAY BLESSED VIRGIN MARY
Ss. Cyril & Methodius LENTERCIZE CALENDAR 2024	FEBRUARY <u>Key for Activities</u> C: For Children A: For Adults Note: Please print your name and phone number at the top of this sheet	Decide on sacrifices you would like to make to grow closer to God during Lent: 1) Prayer 2) Fasting 3) Almsgiving	 ASH WEDNESDAY Set up a Prayer Space Holy Bible/Statue Holy Cards/Flowers	Find & label a box or jar to collect change that you save from making sacrifices (Or use baby bottle from Feb. 17/18)	 STATIONS OF THE CROSS Meditate on: I: Jesus Is Condemned to Death II: Jesus Takes Up His Cross	 ROSARY INTENTION For the Pope C: 1st Sorrowful Mystery The Agony in the Garden A: 5 Sorrowful Decades *Baby Bottle Distribution
18 1st Sunday of Lent Before Holy Mass Read the Sunday Gospel: Mark 1: 12-15 <i>One does not live on bread alone, but on every word that comes forth from the mouth of God.</i> *Baby Bottle Distribution	19  <u>Prayer Space</u> Make a prayer list: include deceased members of your family	20  Slowly pray the Guardian Angel Prayer Sincerely thank your Guardian Angel	21 C: Clean your room without being asked A: Organize/Clean for Lent	22 Chair of St. Peter the Apostle The Holy Eucharist means Thanksgiving: C: Help prepare a meal A: Plan a simple supper	23  STATIONS OF THE CROSS Meditate on: III: Jesus Falls the First Time IV: Jesus Meets His Sorrowful Mother	24  ROSARY INTENTION For Father Labor C: 2nd Sorrowful Mystery Scourging at the Pillar A: 5 Sorrowful Decades
25 2nd Sunday of Lent Before Holy Mass Read the Sunday Gospel: Mark 9: 2-10 <i>From the shining cloud the Father's voice is heard: This is my beloved Son, listen to him.</i>	26  <u>Prayer Space</u> Pray for: deceased Priests/Religious	27 Pick a new prayer to learn during Lent <u>Examples:</u> <i>Magnificat</i> <i>Memorare</i> <i>Pater Noster</i> <i>Ave Maria</i>	28 Read about the life of: Blessed Carlo Acutis	29 The Holy Eucharist is a Sacrifice: C: Find nice clothes or a toy to donate A: Donate something that is special to you	1 MARCH  FIRST FRIDAY STATIONS OF THE CROSS V: Simon of Cyrene Helps Jesus Carry the Cross VI: Veronica Wipes the Face of Jesus	2  FIRST SATURDAY ROSARY INTENTION For Father Juraj C: 3rd Sorrowful Mystery Crowning With Thorns A: 5 Sorrowful Decades
3 3rd Sunday of Lent Before Holy Mass Read the Sunday Gospel: John 2: 13-25 <i>God so loved the world that he gave his only Son, so that everyone who believes in him might have eternal</i>	4  <u>Prayer Space</u> Pray for: the Holy Souls in Purgatory that have no one to pray for them	5 Practice your new prayer	6 Do not use technology unless absolutely necessary	7 The Holy Eucharist means Thanksgiving: Thank God for every Sacrament you have ever received	8  STATIONS OF THE CROSS Meditate on: VII: Jesus Falls a Second Time VIII: Jesus Meets the Women of Jerusalem	9  ROSARY INTENTION For the Sick C: 4th Sorrowful Mystery Carrying of the Cross A: 5 Sorrowful Decades