

Fourth Sunday of Easter
May 3, 2020



SAINTS CYRIL AND
METHODIUS PARISH

FARNOSTĚ SVĚTÝCH
CYRILA A METODA



A Personal Parish Established To Serve The Slovak Catholic Community In The Archdiocese Of Detroit



4TH SUNDAY OF EASTER



"Whoever enters through the gate is the shepherd of the sheep. The gatekeeper opens it for him, and the sheep hear his voice, as the shepherd calls his own sheep by name and leads them out." - Jn 10:2-3

41233 Ryan Road, Sterling Heights, MI 48314 • (586) 726-6911 • Fax: (586) 685-1070 • www.saintcyrils.church



SAINTS CYRIL AND METHODIUS PARISH FARNOST SVĚTÝCH CYRILA A METODA

Parish Announcements – May 3, 2020

Please see the website for complete details on the following information:

- In two weeks, on Monday, May 18, we will host a “Drop Off Food Drive” and a “Drop Off Face Mask Drive” to help our needy brothers and sisters in Detroit. Non-perishable foods and professional or hand-made face masks will be collected from 10:00AM - 12:00 NOON. Please enter through the Activity Center 18 Mile Road entrance, drive to the back of the Activity Center to drop off your donations and then exit out onto 18 Mile Road again.
- The Mother’s Day Novena begins in one week, on Monday, May 11. Novena cards are available in English and in Slovak and they can be mailed to you or your loved ones.
- Mass Intentions are still being accepted. You may either email your Mass Intentions to parishoffice@saintcyrils.church or call the Parish Office and leave your name and telephone number and someone will return your call.
- Life Teen will not meet this week but the Life Teen cor members will meet virtually on Monday to discuss upcoming Life Teen nights.
- There will be a virtual Zoom night for the EDGE Youth Ministry this Thursday at 7:00PM. 6th and 7th graders are invited to meet virtually to discuss a night on placing our hope in the Blessed Mother’s intercession. Please contact Alex Lewis or Christian Dresen for complete details if you wish for your child to participate.
- The Chapel remains open daily for private prayer from 12:00PM - 10:00PM. Only five people are allowed in the Chapel at one time. The Church is open on Sundays from 12:00PM - 10:00PM for private prayer. Only ten people are allowed in the Church at one time. Please remember social distancing and please wear a mask or scarf over your mouth to help protect yourself and your neighbor.
- If you are in need of assistance during these difficult times, please contact the parish office and leave your name and telephone number.
- Please continue to visit our website for up-to-date information, including reflections on the daily readings and the latest parish bulletin.
- Next week’s Sunday Holy Mass will be livestreamed at 10:00AM.

Farské oznamy – 3. máj 2020

- O dva týždne, v pondelok 18 mája bude zbierka potravín a rúšok pre núdznych ľudí v Detroite. Ak chcete pomôcť, prosím, prineste trvanlivé potraviny a doma vyrobené rúška medzi 10.00 a 12.00. Zbierka bude pri Pastoračnom Centre. Prosím prichádzajte autom z 18 míle okolo budovy a znova môžete odísť cez 18. míľu.
- Na budúcu nedeľu, 10. mája si pripomíname Deň Matiek. Novéna svätých omší k tomuto sviatku sa začne slúžiť v pondelok, 11. mája. Novénové karty pre vašich blízkych sú k dispozícii, detaily si môžete prečítať vo farskom bulletine, alebo na webovej stránke.
- Ak máte záujem dať odslúžiť svätú omšu na vaše úmysly, prosím, kontaktuje farský úrad mailom, alebo telefonicky.
- Vo štvrtok bude virtuálne stretnutie pre mládež zo 6. a 7. triedy – EDGE. Alex Lewis, alebo Christian Dressen vám poskytnú viac informácií.
- Kaplnka býva otvorená každý deň 12:00 do 22:00. Prosím, dodržiavajte hygienické opatrenia..
- Sledujte našu farskú internetovú stránku, na ktorej uverejňujeme informácie, denné zamyslenia a bulletin.
- Ak viete o niekom, kto potrebuje počas týchto dní pomoc, prosím, kontaktuje farský úrad.
- Na budúcu nedeľu bude svätá omša o 10:00.

MASS *Intentions*

©JPPC

Father Libor & Father Juraj will celebrate the scheduled Mass Intentions in their Private Daily Masses this week as follows:

May 2, First Saturday – Sobota

- ❖ For the Members of the Rosary Society ❖ For Fr. Lawrence Fares (B'Day) ❖ For Nathan Czach
- ❖ For Elena req. Meme & Papa ❖ For Samantha Debczak ❖ For Monir & Alia Korkis & Family
- ❖ †Joe Basirico ❖ †David Chupa ❖ †Gary Gasparski req. Family ❖ †Frances M. Orlick

May 3, Fourth Sunday of Easter - Nedela

Mass Livestreamed at 10:00AM: www.saintcyrils.church

Acts 2:14, 22-33, 1 Pt 1:17-21, Lk 24:13-35

- ❖ For the Intentions of All Parishioners ❖ For Louise Napor ❖ For Charles & Julia Celusnak & Family
- ❖ For Matthew Dubon B'Day) ❖ For Tom & Helen Gajewski ❖ For Sharon Weil ❖ For Patrick, Stephanie & Emmanuel Korkis
- ❖ †Sebastian Abate ❖ †Charles & Isabella Varchetti ❖ †Michael Fredal ❖ †Gene Kucharek

May 4, Monday – Pondelok

- ❖ For the Intentions of the Members of the St. Monical Sodality ❖ For Violet Timmerman (B'Day) ❖ For Daniel Giroux (B'Day)
- ❖ For Cheryl Grothues ❖ For the Weil Godchildren ❖ †Modesto & Amelia Perez

May 5, Tuesday – Utorok

- ❖ For the Holy Souls in Purgatory ❖ For Sophie Chanko ❖ For George & Helen Emmendorfer

May 6, Wednesday – Streda

- ❖ For Al & Ann Varchetti & Family ❖ †Leonard Zitelli

May 7, Thursday – Štvrtok

- ❖ For the Holy Souls in Purgatory ❖ For Claire Mazurkiewicz (B'Day) ❖ For Sam Bill (B'Day) req. Wife
- ❖ For James Weil (B'Day) ❖ For Paul & Julie Varchetti & Family ❖ For Paul, Linda & Family ❖ For Tim & Victoria Roddy & Family

May 8, Friday – Piatok

- ❖ For the Holy Souls in Purgatory ❖ For Fabian Gammo (B'Day) req. Mother
- ❖ For Katie Shubnell req. Langlois Family ❖ For Raymond req. Grandma & Papa ❖ For Mark Wilkins req. Mother
- ❖ †Christine & Clair Branch ❖ †Joseph Tobin (B'Day) req. Warman Family ❖ †Anna Rudzewicz

May 9, Saturday – Sobota

- ❖ For Catherine Miller (B'Day) ❖ For Jordan Zabawa req. Langlois Family ❖ For Michael req. Grandma & Papa
- ❖ For Hayley Reynolds & Family ❖ For Sophia & Family ❖ For Sister Mary Trzasko, O.P. req. JET
- ❖ For the Laszlo & Gail Families ❖ For the Gammo & Gill Families ❖ For Anna & †Paul Magusin (Wed. Ann.) ❖ †Ray Miller

May 10, Fifth Sunday of Easter - Nedela

Mass Livestreamed at 10:00AM: www.saintcyrils.church

Acts 6:1-7 (52A), 1 Pt 2:4-9, Jn 14:1-12

- ❖ For the Intentions of All Parishioners ❖ For the Intentions of All Mothers (Natural & Spiritual)
- ❖ For the Holy Souls in Purgatory ❖ For Joseph Desser (B'Day) ❖ For Mark Varchetti ❖ For Irene Penzak
- ❖ For Theresa MacDonald req. Family ❖ For the Sheeran Family ❖ For the Menard & Daniel Families
- ❖ †Ann M. Pullis ❖ †Brian Czach req. Fayad Family ❖ †Ana Nguyen Thi Chin req. Ho Thu

PLEASE REMEMBER TO PRAY FOR:

- ♦ Those Who Are Sick
- ♦ Those Who Have Died
- ♦ Those Who Care for the Sick & Dying

LET'S JOIN TOGETHER IN PRAYER

Watch Mass from Ss. Cyril & Methodius on Sundays at 10:00AM, livestream from our website: www.saintcyrils.church

Dear Parishioners,

~ Fourth Sunday of Easter

Do you also want to leave? Master, to whom shall we go? You have the words of eternal life. (John 6:67-68) The disciples, as well as the crowds, struggle with accepting the teaching of Jesus on the Bread of Life – the gift of his life for humanity. Why this perplexity, given that most people enjoy receiving gifts? The problem for them is not what Jesus offers, but what they want: it was not bad, just different from what Jesus was offering. It is so human and almost childish that we want something other than what God gives to us. We have prayed the Our Father prayer numerous times in life, asking for God's will to be done, but how often we really meant that our will should be done? It is in times of crisis that character is disclosed. All were challenged by the words of Jesus, and as a result, the crowds and even his disciples left, and Jesus remained with just the Twelve.

People, and the whole of human society are under challenge. Things just are not going our way, and if they are, it is slower than we would hope. Do you also want to leave? Just because things do not look the way you want? This is the time when our faith, our principles, and our rationality are tested. Faith that we have gained and built before; it now determines our answers and reactions. It is faith and trust that no matter what happens externally, nothing can separate us from Christ. He is the Good Shepherd who lays down his life for his sheep.

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Aj vy chcete odísť? Pane, ku komu by sme šli? Ty máš slová večného života. (Jn 6,67-68) Učeníci, ako aj zástup mali problém pochopiť a prijať Ježišove slová, keď hovorí o Chlebe života – o dare svojho života pre ľudí. Možno je to zvláštne, lebo ľudia radi dostávajú dary. Problém nebol v tom, čo Ježiš ponúkal, ale v tom, čo ľudia očakávali: nechceli niečo vyslovene zlé, ale niečo iné. Je to ľudské, ba takmer detské, keď si vždy žiadame čosi iné. Modlitbu Otče náš sme sa modlili mnoho krát v živote prosiac, aby sa splnila Božia vôľa, no koľko krát sme v skutočnosti chceli, aby sa splnila naša vôľa?

V čase krízy sa ukazujú charaktery. Ježišove slová boli ťažké pre všetkých a po nich ho opustili zástupy i učeníci, takže ostal iba s Dvanástimi.

Ľudstvo o spoločnosť prežívajú počas týchto dní ťažkú skúšku. Veci sa nevyvíjajú tak, ako chceme a ak áno, tak sa nám to zdá príliš pomaly. Aj vy chcete odísť? Preto, že veci nevyzerajú tak, ako by ste chceli? Toto je čas, keď sa preveruje naša viera, princípy, racionalita. Viera, ktorú sme si vybudovali počas mnohých rokov v minulosti, teraz táto viera ovplyvňuje naše odpovede a postoje. Je to viera, že nech by sa navonok stalo čokoľvek, nič nás nemôže odlúčiť od Krista. On je Dobrý Pastier, ktorý dal život a svoje ovce.

Fr. Libor Marek



Mother's Day Novena Available ♦ Novena Begins May 10

If you would like to include yourself or a loved one in our Mother's Day Novena that begins on Sunday, May 10, we will fill out and mail your card(s) for you!

Please:

- ♦ Email: parishoffice@saintcyrils.church
- ♦ In the subject line, write: MOTHER'S DAY NOVENA
- ♦ Put the names AND addresses of where you want each individual card mailed
- ♦ Indicate how you would like each card signed (i.e. "Love, Joey", "You're the Best Mom, Martha", etc.)
- ♦ Make donation for cards by either:
 - 1) using PushPay on our Parish Website: www.saintcyrils.church, GIVE button in right corner -or-
 - 2) making check payable to: "Ss. Cyril & Methodius Parish"

In memo line, write: "MOTHER'S DAY NOVENA" and mail it to:

41233 Ryan Rd., Sterling Heights, MI 48314

*Suggested Donation: \$10 per Novena

Please Help Our Neighbors In Need

DROP-OFF FOOD DRIVE at Ss. CYRIL & METHODIUS for St. Christine's Food Bank Monday, May 18



With churches closed and unemployment increasing, St. Christine's Food Bank in Detroit is in great need of non-perishable food donations. To help stock the food bank, St. Cyril's will be sponsoring a non-perishable food drive at the Activity Center on Monday, May 18, from 10:00AM - 12:00 NOON.

The foods that are most needed are:

canned meats or tuna, cereal, salad dressings, and taco or pizza making kits but donations of any canned or packaged foods (no glass jars, please!) will be greatly appreciated.

Please bring your donation in a sturdy cardboard box or a bag ready to be transported.

Because of current restrictions, this will be a drop-off food collection. What does that mean? It will be a lot like the drop off for Catechism. You will enter the Activity Center parking lot from 18 Mile Road and drive to the back of the building. Volunteers will direct you to place your donation in the back of the delivery truck while practicing social distancing. You will then continue around the Activity Center and exit to 18 Mile Rd.

To make the drop-off run smoothly and quickly,

the Activity Center parking lot will be closed to traffic from the main parking lot.

DROP-OFF FACE MASKS at CYRIL & METHODIUS for St. Aloysius Neighborhood Services Monday, May 18



Can You Make Masks for St. Aloysius Neighborhood Services?

St. Al's Neighborhood Services staff are in need of masks to give to the low-income seniors and the homeless people they serve. If you like to sew, would you be willing to make some adult sized masks for St. Al's?

Masks can be dropped off during the food drive at the Activity Center on:

Monday, May 18, from 10:00AM - 12:00 NOON.

**Please enter the Activity Center from 18 Mile Road!*

There will not be access to the Activity Center from the main parking lot.

RED CROSS BLOOD DRIVE at CYRIL & METHODIUS Thursday, July 23 & Tuesday, September 22



Thanks to the many who gave blood and scheduled upcoming appointments over the past couple of weeks, the American Red Cross has been able to meet immediate patient needs. During this uncertain time, the American Red Cross encourages individuals to keep scheduled blood, platelet or AB Elite plasma donation appointments and to make new donation appointments for the weeks ahead to ensure a stable supply throughout this pandemic.

Donating blood products is essential to community health and the need for blood products is constant. As part of our nation's critical infrastructure, healthy individuals can still donate in areas that have issued shelter in place declarations. The Red Cross follows the highest standards of safety and infection control, and volunteer donors are the only source of blood for those in need.

There is no known end date in this fight against coronavirus and the Red Cross needs the help of blood and platelet donors. In times of crisis, the Red Cross is fortunate to witness the best of humanity as people roll up a sleeve to help those in need. We greatly appreciate the generosity of the public to keep hospital shelves stocked during this uncertain time.

Please schedule an appointment to donate blood today! Whole Blood donations can be made every 56 days, Power Red donations every 112 days, Platelet donations every 7 days and AB Elite Plasma donations every 28 days.

If you wish to be a Whole Blood donor at our Blood Drive on July 23, between 1:00PM - 6:45PM, your last blood donation cannot be later than May 28 so please schedule accordingly. Thank you for your generosity!

You may sign up directly at www.redcross.org or call 1-800-RED-CROSS (1-800-733-2767)

In Honor of Our Blessed Mother

It has been a longstanding tradition at Ss. Cyril and Methodius that on the first Sunday in May, we honor our Blessed Mother with our annual May Crowning. The young ladies from the 8th grade Confirmation Class are given the opportunity to write a letter expressing why they would like to crown Our Lady and the essays, with the author's name removed, are given to Fr. Libor to select a crowner (anonymously). Nevada Jaczkowski was selected to crown the Blessed Mother this year and we are hoping that at a later date, Father Libor will be able to find a day where we can honor the Blessed Mother with a Holy Mass and beautiful crowning ceremony. There were nine essays submitted this year and we would like to share each and every one with you beginning with Nevada's essay with the rest following in no specific order. They will be published this week and next week. Thank you, *Paul & Carroll Schuller*

†††††

Nevada Jaczkowski: I want to crown the Blessed Mother because I understand the importance of children having a mother in their lives. When I was a young child my biological father moved out of our family home. Because of this my mom became a single mother. For the next few years she provided for me and my sister while keeping up a stable job. She was always there for us no matter how hard any situation got. If I am being honest I can't imagine that managing toddlers alone can be that easy. Somehow she managed to make it through those times. This shows just how important children are to their mother and how they rely on her. My mom still had a job so another person who I saw as a mother figure was my grandmother.

From a long time ago I remember the days she would watch me and my sister at our house while my mom went to work. Even though I was little I looked up to her. With both these women I see how strong and independent they are and it encourages me to be the same. This is how I envision the Blessed Mother, a strong and independent woman that provides for her family and cares for all. I want to crown the Blessed Mother because I appreciate and look up to her for proving to me that she is who I believe she is.

†††††

Grace Zelenak: There is not one specific reason why I should crown Mary instead of someone else. I have not had a special interaction with her. I have not been devoted to her my whole life. I cannot say that I pray to her every day. What I can say is that I love her. Ever since I could remember my sister has been in and out of the hospital. My sister always had a special connection with Mary. I tried my best to make it to all of her surgeries and doctor's appointments but I started to miss so much school I could not make it to some. Even when I could not be there I had to know the specific time she goes into surgery and comes out. For every single one of her surgeries I pray to Mary to put her mantel over her and to guide the doctors through the procedure. So far praying to Mary has worked. I also pray to Mary when I feel alone. Mary is my mother and when I need guidance I ask for her help.

†††††

Maria Nido: I remember always going to the Crowning of Mary ceremony's at Saint Cyril's every year. I've always had such a fascination with the girl who did crown Mary. I always saw myself in her shoes. I have gone through many struggles in life, including the loss of my own mother. In tough times such as that, I have always resorted to Mary for guidance. I find Mary as a mother figure to me. Crowning her would be the highest of honors. Before my mother passing away, we enjoyed the May Crowning ceremony's together. She always pictured me crowning Mary as well. One day she told me, that when I write this essay, to mention the story of Mary and the penny. Although I don't remember the story well, I do recall the main gist. A young girl was outside in the parking lot and found a penny on the ground. The girl decided to keep the penny as a symbol of Mary's presence in the girl's life. Ever since I heard that story, I decided that's how I want to live my life. Although I may not be carrying a penny with me, I choose to follow Mary in every situation in my life. I want Mary to help me make the right choices in my life, and to form a stronger bond with Jesus. Mary has done just that for me. She guides, and protects me, and because of that I do consider Mary my mother.

†††††

Regina Miranda: I would like to crown the Blessed Mother at the May Crowning because she is very special to me. I really appreciate her and crowning her would be a sign of gratitude and admiration for everything she has done for me and for being the perfect Queen of Heaven and Earth.

Mary has always been a part of my life for example my Mexican Parents have a strong devotion to Our Lady of Guadalupe. So, they named me Regina (which means Queen in Latin) and my middle name is Guadalupe, so I've always had a close connection to her.

Praying to her every night really helps me see how she's always been present in my life. For example, years ago, I truly felt Mary's motherly love when my dad was diagnosed with cancer. Me and my family never stopped praying the rosary and he was cured. Another example was when my brother was unemployed for several months and it was very hard for him and my family but praying the Memorare every day gave us so much hope and comfort during that time of anxiety. "Remember O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored your help was left unaided." And of course, he got the job! These words remind me that Mary never leaves any of us.

In conclusion, crowning Mary would mean a lot to me. She is the perfect mother who is always here for me and I can go to in times of need. I would be honored to crown My Mother, Mary.

Essays will be featured next week by: *Paige Jaczkowski, Sophia Baltrinic, Sofia Martinez, Natalie Valentic & Rachel Jiminez*



Ss. Cyril & Methodius Youth Ministry VIRTUAL LIFE NIGHTS ♦ Off May 4 & 5

Join our on-line Catholic youth ministry as we continue to gather together virtually to pray, share and grow in faith!

MONDAYS EVENINGS are for Sophomores - Seniors

TUESDAY EVENINGS are for Freshmen & 8th Graders

Monday & Tuesday, May 4 & 5: OFF for Cor Meeting
Monday & Tuesday, May 11 & 12: "Fighting Distraction"

To participate or for more information,
 please contact:

Alex Lewis and Christian Dresen

lifeteen@saintcyrils.church or edge@saintcyrils.church

A link will be sent to your family in order to participate in the Zoom meeting!



ADORATION 101

What is the Truth? By: Paul Ray

In the Gospel of John, Pontius Pilate asks Jesus the age old question which still haunts many even to this day. After questioning Our Lord during His Passion Christ proclaims, *"For this I was born, and for this I have come into the world, to bear witness to the truth. Everyone who is of the truth hears my voice"* (John 18:37). Pilate, probably looking bewildered and confused asks, *"What is truth"* (John 18:38); the very question we ask ourselves today.

In a day where relativism reigns supreme and people create their own version of what truth is there is so much uncertainty in our world today. Jesus, however, gives us an answer to this question of *"What is truth."* After all, Christ proclaimed that *"I am the way, and the truth, and the life; no one comes to the Father, but by me"* (John 14:6) earlier in the Gospel. But what exactly does He mean?

You see, Christ did not deny He was a King when Pilate questioned Him. In fact, His heavenly kingship is a dominant theme of John's Passion narrative. Rather, He only denied that He was a king in the **worldly, political sense**. He came not to deliver people from the oppression by the Romans but from the oppression of sin and the evil one, which is the greatest form of enslavement. His mission was to speak the truth through example and word. Pilate's reply (What is truth) was a tacit denial of objective truth that showed his incapacity in understanding what Christ had to say.

As odd as it may sound to most, "Truth" is a person, Jesus Christ. Since, *"All things were made through Him, and without Him was not anything made"* (John 1:3), we can attribute the objective truths which govern our world, natural and moral, to be whole and complete, with no room for negotiation. That is what "Truth" is. It is a way of life established by the Creator to show us how to live a happy and fulfilling life so long as we adhere to it.

Sadly, many today do not recognize this reality and choose to live according to their own created idea of what truth "ought" to be. This results in enslavement to sin and ultimately to their own demise, in this world and the next. So what should we do?

We must be willing to learn our faith through the reading of Sacred Scripture and through prayer. We must read the documents of the Church and the Catechism which carries on Christ's mission to proclaim truth. Then we must take what we learn and apply it to our everyday lives. When we do this our lives will flourish and the more other people do it the more society will flourish. But it is up to us. Are you in! – Paul A. Ray

A CHALLENGE TO DISCIPLESHIP

During these trying times God has giving most of a perfect opportunity: MORE FREE TIME! We cannot let this go to waste! This is why I propose a challenge to us all. I do realize that some of us are still working, whether out and about or from home, and do not have the same amount of free time as those who have been furloughed, laid off lost their jobs. We all thank you for your service and recognize how difficult it must be. However, this challenge is open to you as well.

Each week I will be posting a specific challenge to fulfill Christ's command tp. *"Love one another; even as I have loved you ... By this all men will know that you are my disciples."* (John 13:34-35)

From MAY 4 through MAY 11:

This week I want to challenge everyone to become familiar with a Saint!

Starting Sunday, May 3rd, choose a Saint and begin learning about them each day of the week. The best way is to read what they personally wrote. However, reading a good biography of that Saint helps as well in understanding their background and the world in which they lived. Read them in light of Sacred Scripture and the truth of our Catholic faith. Learn from them how they conducted their lives, especially in difficult times, and apply it to your own life. Pray to them and ask them to intercede for you. Read a little about them each this week. Depending on how much time you put into it you might become an expert on that Saint!

– Paul A. Ray

May Devotions

For centuries, the month of May has been dedicated in a very special way to honor the Blessed Mother. In 1815, Pope Pius VII granted to all the faithful, whom, during the month of May, either in public or in private, shall honor the Blessed Virgin with some special homage and devout prayers, or in the practice of other virtuous acts, an indulgence of three hundred days, every day. Below is a list of practices which honor the Blessed Mother as suggested by Fr. Henry Sebastian Bowden (1836-1919).



O Mary, Conceived without Sin, Pray for Us Who Have Recourse to Thee.

- ♦ Rise punctually in the morning, invoking Mary as the "Morning Star."
- ♦ Ask Mary to be present with you during the day to drive away evil spirits.
- ♦ Visit in spirit one of Mary's great sanctuaries.
- ♦ Mortify your will three times as an offering to Mary.
- ♦ Pray three **Glory Be's** in honor of the Saints and Doctors who have explained and defended her prerogatives.
- ♦ Pray fifteen **Glory Be's** in honor of the last fifteen years of Mary's life for the grace of final perseverance.
- ♦ Perform some act of kindness with inconvenience to yourself.
- ♦ Pray three **Hail Mary's** in reparation for the blasphemies uttered against her.
- ♦ Invoke the saints who were related to her - Saints Joseph, Joachim, Anne, etc.
- ♦ Mortify your sight, once or more, in honor of Mary's modesty.
- ♦ Burn a candle before an image or picture of the Blessed Mother.
- ♦ Pray the **Litany of Loretto** for the conversion of a soul for Mary to offer to God.
- ♦ Shun idleness during the day in imitation of Mary at Nazareth.
- ♦ Pray a **Hail Mary** in honor of St. Gabriel, who brought peace to earth.
- ♦ Practice some little mortification at meals.
- ♦ Pray seven **Glory Be's** with extended arms, in honor of her seven sorrows.
- ♦ Make a spiritual Communion in union with her disposition at the Annunciation.
- ♦ Pray a **Memorare** to obtain Mary's help at the hour of death.
- ♦ Keep silence for a short time, and with Mary ponder on God's words in your heart.
- ♦ Visit her altar or image in atonement for the desecration of her sanctuaries.
- ♦ Pray nine **Hail Mary's** in union with the nine Choirs of Angels who are ever praising her.
- ♦ Pray a **Hail Holy Queen** for the spread of her devotion.
- ♦ Kiss the ground, and pray three **Hail Mary's** for the virtues of Holy Purity.
- ♦ Pray for the souls in purgatory who were most devoted to the Blessed Virgin during their life.
- ♦ Take a short time from your recreation to spent in solitude conversing with Mary, or in meditation on the mysteries of her life.
- ♦ Recall with devotion her words recorded in the Gospel, remembering how many of your sins are committed in speech. Bear your sufferings and sorrow silently and patiently.
- ♦ Before going to sleep, place yourself with the infant Jesus in Mary's arms.
- ♦ Pray a **Hail Mary** before going to bed, to prevent one mortal sin during the night.

Select Whichever
Devotions You Want
& Do Them
As Often As Possible

*"We never give more honor
to Jesus than when we
honor His Mother, and we
honor her simply and solely
to honor Him all the more
perfectly. We go to her only
as a way leading to the goal
we seek - Jesus, her Son."*

Saint Louis Marie de Montfort

